

# HAVE YOUR OWN GEOCACHE DASH



Want Something Completely Unique?

The **Geocache Dash** is an outdoor activity in which the participants use a **GPS receiver** along with other *navigational* techniques such as maps and compasses to find hidden containers, called "caches". Each cache is hidden in various locations within a predefined area and with everyone starting in one point, teams get points as they locate each one.

The harder or further away the geocache is to retrieve the more points on offer, therefore teams have to work together to make assessments on how to approach the tailor made course to get the most points in the time given. The most points at the end wins.

Geocaching is often described as a "game of high-tech hide and seek," sharing many aspects with *orienteering* and *treasure-hunting*. What makes this even more unique is that we incorporate **Nordic Walking** into the event. Nordic walking with Nordic Poles assist you in getting to the Geocaches quicker, burning more calories as you do, yet making the whole task seem easier. We even arrange the Nordic Walking Trainers to come to see you before the event so that everyone participating gets the most from the experience. All included in the cost!